

# INTERNATIONAL ACADEMY 2014

14.-17.11.2014, Munich



“Neuro enhancement, recreational drugs and mental disorders among university students - how to become more resilient?”

## SEMINAR OUTLINE

Who didn't pull an all-nighter to finish that paper or study for the exams all crammed into one or two weeks of the semester? Up against the wall, drugs might offer some relief. Whereas former generations might have turned to marijuana and similar recreational drugs, the latest drug craze is educational: an increasing number of European university students turn to cognitive enhancers in order to keep up with rigorous academic standards, recent studies suggest.

But how prevalent is drug use really among university students? Is it a question of fairness or personal responsibility? To what extent are students affected by stress and an-

xiety related mental disorders due heavy pressure to excel? And most importantly, what needs to be changed to become more resilient? For far too long, we as liberal students have not put this topic on our agenda. The International Academy aims to shed light on the topic by offering a comprehensive seminar with experts in the field.

The International Academy is a well-established work-shop of the Federal Association of Liberal Students which attracted participants from 13 countries last year.

The seminar will be held in English. Please find attached a provisional schedule.

## PARTICIPATION CONDITIONS

If you are interested in the International Academy, please send your application form via e-mail to [bente@bundes-lhg.de](mailto:bente@bundes-lhg.de) until Wednesday, October 29th. We have to limit the number of participants from each organization to two, while at the same time there is a limited number of spots for LHG members. Therefore, please wait for a confirmation from the LHG office before booking your travel tickets.

## PARTICIPATION FEE

International students will not have to pay any fees. Hotel accommodation, meals and cultural activities are included. Unfortunately, we don't offer travel refunds.

German students will have to pay a participation fee of EUR 35,-. As always, it is possible for you to receive travel refunds amounting up to the BahnCard 50 price of Deutsche Bahn for the individual route.



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## HOTEL

arthotel Munich  
Paul-Heyse-Straße 10  
80336 Munich, Germany  
phone: +49 89 / 59 21 22  
fax: +49 89 / 59 21 23  
e-mail: [info@arthotelmunich.de](mailto:info@arthotelmunich.de)  
web: <http://www.arthotelmunich.de>  
We cannot provide additional overnight stays. Please take care of extensions yourself, as may be the case.

## VENUE

We will hold the International Academy at Ludwig Maximilian University of Munich (LMU):  
Room DZ001  
Geschwister-Scholl-Platz 1  
80539 Munich, Germany

## ARRIVAL

Additional arrival information will be provided two weeks before the event after the selection of participants will have been completed.

## MEETING POINT

Please arrive at the hotel until Friday, November 14th, 5.00 p.m. At 5.30 p.m. we will leave together from the hotel for dinner at the university.

## PRESENTATIONS

Participants are required to hold quick presentations (5 minutes max.). A list of topics will be handed out and coordinated after the deadline.

## CULTURAL EVENING

For the cultural evening on Friday, we ask you to bring food and drinks from your home country and share with the other participants.

## CONTACT

LHG Bundesverband (federal association)  
Reinhardtstraße 14  
10117 Berlin, Germany  
e-mail: [kontakt@bundes-lhg.de](mailto:kontakt@bundes-lhg.de)

## QUESTIONS?

Please contact our International Officer  
Benedikt Bente  
mobile: +49 151 / 22 65 07 27  
e-mail: [bente@bundes-lhg.de](mailto:bente@bundes-lhg.de)



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## FRIDAY, 14th

5.00 PM	Arrival	arthotel Munich Paul-Heyse-Straße 10 80336 Munich, Germany
6.00 PM	Dinner	University of Munich Room DZ001 Geschwister-Scholl-Platz 1 80539 Munich, Germany
7.00 PM	Official welcome	Julia Buschhorn, President LHG Benedikt Bente, IO
7.15 PM	Introduction of participants	
7.30 PM	Presentation of the programme	Diana Liebenau, Programmatic Officer (LHG)
7.45 PM	Introduction	Share the experience in your country: Brain doping and pulling all-nighters just for gunners or an everyday phenomenon? Work hard, play hard (including alcohol & drugs)?
9.00 PM	End of day 1	„Cultural Evening“ at the venue. Please bring traditional food and drinks from your home country.

## SUNDAY, 16th

8.30 AM	Breakfast	Hotel
10.00 AM	Expert opinion on neuro-enhancement	Wich substances (Caffeine, Ritalin, amphetamines, etc.) enhance performance? Does brain doping actually work? What are the health risks? Is it a personal responsibility or a matter of fairness? What needs to be changed to become more resilient - university programs, counselling, drug tests?
12.30 PM	Lunch	Café an der Uni, LMU
2.00 PM	Group work and discussion	Collecting information and drafting a policy proposal: Liberal students' position on drugs in a university setting - in need for a new policy?
4.30 PM	Cultural Event	Guided tour through the city of Munich
6.30 PM	End of day 3	
8.00 PM	Dinner & Farewell Party	

## SATURDAY, 15th

8.30 AM	Breakfast	Hotel
10.00 AM	Recent statistics on psychotropic drug use	Myth or reality - How prevalent are drugs among university students? Which drugs (recreational, performance, enhancing or tranquilizing) are taken?
12.30 PM	Lunch	Venue
2.00 PM	Recent statistics on mental disorders	Myth or reality - How prevalent are stress and anxiety related mental disorders among students
4.00 PM	Coffee Break	Venue
4.30 PM	Discussion	Who takes drugs at university - A matter of disciplines, gender, location or degree program? Where has the archetypal lazy pot-head student gone?
6.30 PM	End of day 2	
8.00 PM	Dinner	

## MONDAY, 17th

8.00 AM	Breakfast	Hotel
9.30 AM	Summary, Feedback, Evaluation	FDP State Office Goethestraße 17 60336 Munich, Germany
12.00 AM	End of the International Academy, Lunch(voluntary)	
14.00 PM	Additional programme (voluntary)	

